**Question:**   
How to prove that I read a book when claiming PDUs?  
  
**Answer:**   
It’s simple: Keep notes.  
  
Reading a book on project management will earn you Professional Development Units that fall into “Category C - Self Directed Learning”. In this category you can earn a maximum of 30 PDUs for every renewal cycle.  
  
Because these PDUs are “self directed” it means that they are also “self reported” by you. PMI says that in terms of documentation you will need to provide the following in case you get audited: “Evidence supporting your reported learning project, including notes from and dates of discussions or readings.”  
  
So, at a minimum, keep a piece of paper with the book that you use as a handwritten log. And, each time you read another chapter simply track the date of reading and which chapters/pages you read. I usually also make a note of every important new concept that I have learned. That gives it a bit more ‘weight’ and it also serves as a memory aid.